

# Level 3 Certificate

## UNDERSTANDING MENTAL HEALTH

This free course is designed to increase learners' knowledge and understanding of mental health and mental well-being. An ideal follow on from the L2 Mental Health qualification and provides greater knowledge in this sector.

### COURSE UNITS INCLUDE

- **Understanding the context of mental health and wellbeing**
- **Promotion of mental health and wellbeing**
- **Mental health problems: associated issues and consequences**
- **Understanding mental ill health**
- **Working in mental health**

## FREE TABLET

on completion to assist with job search

## Eligibility Criteria

### LEARNERS NEED A LAPTOP OR COMPUTER TO ACCESS THIS COURSE

This course is delivered remotely.

Learners must be 19+ and be able to commit fully to the course.

Learners must have access to relevant identification to register to the course.

An online initial assessment is required to be completed prior to the course starting.

Learners Maths & English working level must be at least entry level 3.

Must not have completed these qualifications previously at degree standard or possess the same qualifications higher than level 1.

**TO BOOK, OR TO REFER, FOR THIS  
SHORT COURSE PLEASE  
CONTACT:**

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