

With the release of the **Education Wellbeing Charter** providing the need for wellbeing and mental health initiatives within schools and colleges, LMP Education will be delivering the **School Staff & Community Wellbeing Champion Apprenticeship** from May 2023.

The School Staff & Community Wellbeing Champion Apprenticeship offers staff within an educational setting the opportunity to learn skills around coaching and counselling in order to help support colleagues and students.

As part of the new **Education Inspection Framework**, Ofsted is now shining a spotlight on staff wellbeing. By enrolling a member of your team onto this programme you will show commitment to protecting the wellbeing and mental health of those within your workforce and school community.

#### WHO IS THIS COURSE FOR

This course is ideal for staff members who are looking to improve their skills in providing support and feedback through the effective use of coaching and counselling to support all staff, students, their families and the local community.

Enrol your staff member onto this course to demonstrate that you take staff wellbeing seriously, opening a supportive network for staff to address wellbeing and mental health needs. By being on this programme, your member of staff will be able to create a wellbeing strategy leading to a wellbeing-focused culture within your workforce.

This recognised qualification is suitable for staff at all levels within your organisation. Anybody in your school can enrol onto this programme and the DFE are encouraging you to sign up to the Education Wellbeing Charter by the end of 2023.

### **PROGRAMME DETAILS**

Qualification: Level 3 Community Health and Wellbeing

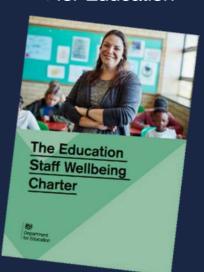
Worker Apprenticeship

**Duration:** Typically 16 months

Cost: £7,000, (covered by the Apprenticeship Levy)

Training Method: Blended learning, online and work-based sessions





The mental health and wellbeing of staff in education settings has always been important, but it is now more important than ever in the context of the pandemic and moving towards

Nadhim Zahawi











recovery.

**LEARNING STRATEGIES TO SUPPORT WITH** 

Depression

Coaching

Addiction

Self-harm

Illness

**ADHD** 

Grief

Exercise

**Physical Health** 

Menopause

Suicide Cyberbullying

Relationships

Finance

**Anxiety** 

Listening

**Parenting** 

NUTRITION

Self-Care

Men's Mental Health

Conflict Resolution



# SCHOOL STAFF & COMMUNITY WELLBEING CHAMPION APPRENTICESHIP

The curriculum and learning of this programme focuses on the development of the professional knowledge, skills and behaviours required to be a School Staff & Community Wellbeing Champion. As part of the programme, learners will have access to LMP's suite of CPD which includes:

- Techniques and strategies to reduce health and wellbeing issues
- Supporting and creating your wellbeing and mental health networks within your communities
- Tools to help measure and monitor staff wellbeing and key issues within your local area
- Managing referrals to external agencies
- Resilience and managing stress across your organisation
- Effective communication and creating partnerships with parents

- Overview of key family issues and medical conditions
- Promoting inclusion and being socially inclusive
- Dealing with trauma
- Understanding autisum, bullying, ADHD, alternative provision, equality, diversity, online safety, mental health, LGBTQ+ and 20+ more areas



## **ENTRY REQUIREMENTS**

- Level 2 English and Maths
- Valid and eligible residency status

## **ContactUs**

WWW.LMPEDUCATION.ORG
INFO@LMPEDUCATION.ORG
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