

# Level 3 Certificate

## UNDERSTANDING MENTAL HEALTH

This free course is designed to increase learners' knowledge and understanding of mental health and mental well-being. An ideal follow on from the L2 Mental Health qualification and provides greater knowledge in this sector.

### COURSE UNITS INCLUDE

- **Understanding the context of mental health and wellbeing**
- **Promotion of mental health and wellbeing**
- **Mental health problems: associated issues and consequences**
- **Understanding mental ill health**
- **Working in mental health**

## FREE TABLET

on completion to assist with job search

**TO BOOK, OR TO REFER, FOR THIS  
SHORT COURSE PLEASE CONTACT:**

**LMP Education**  
**AEB@lmpeducation.org**  
**www.lmpeducation.org**

## Eligibility Criteria

**LEARNERS NEED A LAPTOP OR  
COMPUTER TO ACCESS THIS COURSE**

This course is delivered remotely.

Learners must be 19+ and be able to commit fully to the course.

Learners must have access to relevant identification to register to the course.

An online initial assessment is required to be completed prior to the course starting.

Learners Maths & English working level must be at a minimum of Level 1.

To access funding, applicant must not have previously completed this qualification at a higher level or hold any other Level 3 qualification or higher.

