

## SELF-HARM, SUICIDE AWARENESS & PREVENTION

This free course will provide you with an understanding of the signs that an individual may be self-harming or having suicidal thoughts. The course is also designed to support you in raising awareness of the subject and to encourage open conversations that could prevent individuals from self-harming or from having suicidal thoughts.

This TQUK course is aimed at anyone seeking to improve their understanding and awareness of suicide and self-harm. The knowledge gained can be applied to a broad range of personal and professional situations, and could include support workers, mental health workers, crisis volunteers, teachers, people working in a safeguarding role, and those working with individuals who may be at an increased risk of self-harm or suicide.

#### **COURSE UNITS INCLUDE**

- Introduction to suicide and self-harm awareness
- Recognising signs of suicide and self-harm in individuals
- Principles of suicide and self-harm prevention
- Support for individuals when dealing with grief after suicide

### FREE ANDROID TABLET

on completion of this course

TO BOOK OR TO REFER FOR THIS COURSE PLEASE CONTACT:

LMP EDUCATION | 020 3836 4380 AEB@LMPEDUCATION.ORG WWW.LMPEDUCATION.ORG

### **Eligibility Criteria**

# LEARNERS NEED A LAPTOP OR COMPUTER TO ACCESS THIS COURSE

This course is delivered remotely.

You must be 19+ and be able to commit fully to the course.

Access to relevant ID is required to register to the course.

An online initial assessment is required to be completed prior to the course starting.

Your Math & English working level must be at least entry-level 3.

Must not have completed these qualifications previously at degree standard or possess the same qualifications higher than level 1.

DISCOVER MORE CAREER PATHWAYS INFORMATION <u>HERE</u>







