

Teaching Assistant Sports Pathway

LEVEL 3 APPRENTICESHIP PROGRAMME

Developing Teaching Assistants to promote
sports and physical activity within your school.

90%
**QUALIFICATION
ACHIEVEMENT RATE**

and career progression
after completing this
programme

INVEST IN YOUR TEAM

- High Quality Training
- Industry Relevant Content
- Commitment to Excellence
- Expert Support and Mentoring
- Excellent Safeguarding and Wellbeing
- Focus on Personal and Professional Development

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PROGRAMME SUMMARY



Apprenticeship level
Level 3 Advanced



Typical duration
16 months



Training method
Blended Learning



Assessment method
Portfolio



Cost/funding value
£0/£7,000



EPA organisation
NCFE

About the Programme

This Level 3 Sports Pathway Teaching Assistant Apprenticeship provides rewarding and fulfilling career path involving hands-on training and valuable experience in an educational setting. This programme has an embedded coaching qualification to enable those in a Sports TA role to achieve a relevant qualification whilst working in this position.

Who is this programme for?

This programme is ideal for learners who are passionate about education with a particular interest in physical education and sports and are looking to get into a career in teaching or are currently working as Teaching Assistants and would like to upskill and gain a qualification.

A learner should choose this route if they are interested in promoting and supporting the academic and physical wellbeing of students and are committed to supporting classroom teachers. Support in PE classes as well as classroom activities, promoting self-belief, social inclusion and high self-esteem which will play an integral part to pupils' wellbeing.

Employer Benefits

Boosted PE Delivery: A sports TA helps deliver more effective, structured, and inclusive PE lessons—especially useful for large classes or limited teaching time.

Wider Access to Sport: With extra support, you can offer more lunchtime and after-school sports clubs, engaging a broader range of pupils.

Targeted Interventions: Sports TAs can work with specific pupils—those with low confidence, challenging behaviour, or SEND—to build social skills, teamwork, and resilience through physical activity.

Improved Behaviour and Focus: Physical activity is linked to better behaviour and concentration. Having a dedicated sports TA means more pupils get the chance to release energy constructively.

Supports School Improvement Plans: Increased physical activity can improve attendance, engagement, and overall pupil wellbeing—linking directly to Ofsted's focus on personal development.

Hiring an apprentice is a cost-effective way to grow your team. This apprenticeship is government-funded and can be funded using the apprenticeship levy.

Apprentices are trained on the job, allowing you to shape their skills to fit your school's specific needs. Apprenticeships open doors for people from different backgrounds, helping schools reflect their communities.



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Typical Job Roles

Teaching Assistant, Sports Assistant, Support Teacher, Sports Coach.

Progression Routes

As well as ensuring full competency as a Teaching Assistant, this standard provides a foundation for potential progression into a number of career paths in the educational sector. These roles include the Higher-Level Teaching Assistant, Specialist Teaching Assistant, Assistant Teacher and Teacher.

Discover our [Teaching Assistant Development Programme!](#)

Career Pathways



**Teaching Assistant Sports
Pathway**
Level 3



**Specialist Teaching
Assistant**
Level 5

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Learner Benefits



Hands-On Experience: You're in the thick of it—helping run PE lessons, sports clubs and school sports events.



Active Learning: You're not stuck behind a desk. Your learning happens on the pitch, in the gym, and in the classroom.



Coaching & PE Support Skills: Learn how to structure sessions, deliver warm-ups, support skill development and adapt activities.



Child Development Knowledge: Understand how physical activity supports mental health, behaviour and learning.



Recognised Qualification: upon completion of this programme, you will receive a nationally recognised certification.



Ongoing support: access to a LMP Tutor providing 1-2-1 support throughout your apprenticeship.



Progress to Further Qualifications: You can use this apprenticeship as a route into teaching, youth work, fitness or specialist coaching roles.

What will you learn

As a Sports Teaching Assistant apprentice, you will develop a wide range of skills including developing learning strategies for pupils, embedding effective behaviour management strategies through sports and physical activity.

In this comprehensive Level 3 programme you will gain knowledge that will be able to implement in your day-to-day role such as understanding the need to provide feedback, recognising the different stages of child development through school, understanding the need to accurately observe, record, and report on pupils' participation, conceptual understanding and progress.

You will support in PE classes as well as classroom activities, promoting self-belief, social inclusion and high self-esteem which will play an integral part to pupils' wellbeing.

Off the job training

Off-the-job hours are a vital part of this apprenticeship. Training is directly relevant to the programme and can take many forms, including:

- Individual study time for reflection and growth
- Apprenticeship tutor sessions and webinars
- Group learning opportunities (like inset days)
- Shadowing experienced colleagues
- Mentoring from line managers
- 1:1 performance reviews and feedback
- Attending meetings and briefings
- Learning new policies
- Relevant YouTube/TV shows
- Professional development
- Online courses
- Enrichment activities
- Research and learning
- Collaborative planning/resource preparation

At LMP, the supportive tutors will work closely with you to create a personalised training plan that meets all requirements for this programme.



Striving for a Distinction - we provide distinction criteria for all apprentices and encourage everyone to strive for the best outcome.

End point assessment

End-point assessment (EPA) is **an independent assessment that takes place at the end of the apprenticeship training**. This is to test that the apprentice is competent in their occupation. All apprentices must complete an EPA. There are a variety of assessment methods to test apprentices' competency.

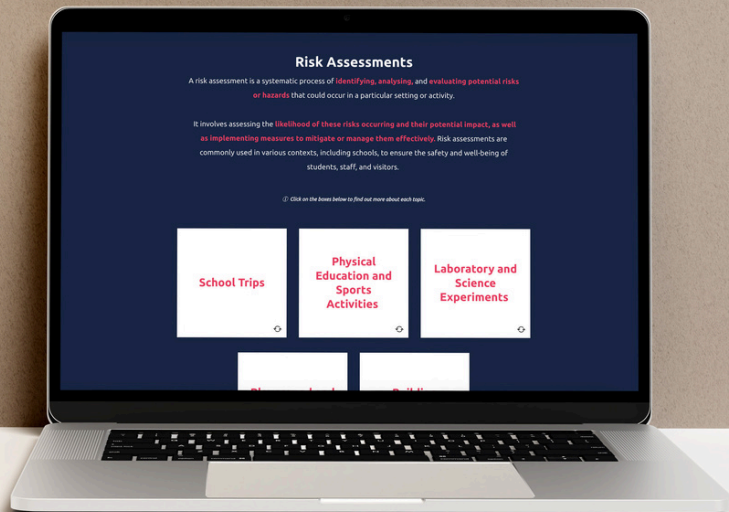
Gateway

Gateway takes place before an EPA can start. LMP Education will work with the employer to **review their apprentice's knowledge, skills and behaviours**. This period of time is used to see if the apprentice has met the requirements of the apprenticeship set out in the apprenticeship standard, and they are ready to take the assessment.

Functional Skills

LMP Education provides functional skills support to all our learners. While functional skills are no longer a requirement for learners who are 19+, LMP still offers functional skills training for those who choose to take the qualification.

[Learn more about functional skills at LMP →](#)



MILESTONES OF LEARNING

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MODULES INCLUDE

The Role of a Teaching Assistant

Content includes: Classroom Support, Building Positive Relationships

Safeguarding

Content includes: Keeping Children Safe in Education and Prevent

Health & Safety

Content includes: Policies and Procedures, Handling Incidents, Risk Assessments

Child Development

Content includes: Developmental Milestones, Theories of Child Development

Exploring Behaviour

Content includes: Understanding Behaviour Types, Mental Health and Well-being



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Why LMP Education

LMP Education is an award winning training provider. Our programmes are designed to support both learners and employers in training and upskilling talent across industries. We have a team of expert tutors to support learners at each step of the way on programme and beyond.



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020 3836 4380



INFO@LMPEDUCATION.ORG



WWW.LMPEDUCATION.ORG



Our Learners Say

“I get to do something that I love, which is sports, while helping children find their love and passion for sports.”



- Finn Winterbottom, Level 3 Sports Teaching Assistant Apprentice, Oasis Clarksfield.

Work with Us

We can support you and your organisation to use the power of apprenticeships. LMP Education is a registered market leading training provider for Teaching apprenticeships. Our team can support you with recruiting a new apprentice or upskilling existing staff members. Benefit from our free recruitment service and book a discovery call today to find out more about this programme.



Employers - book a discovery call with an apprenticeship expert
bit.ly/lmp-call



Candidates - enrol today online
check website for cohort start date
lmp-group.co.uk/courses/teaching-assistant-sports-pathway

