

# Teaching Assistant Sports Pathway

## LEVEL 3 APPRENTICESHIP PROGRAMME

Developing Teaching Assistants for excellence in educational support both in the classroom and on the field.

### NEW CURRICULUM ADDED

with embedded  
**SEND modules** and  
**Level 3 Diploma** in  
Delivering Physical Activity  
and Sport within the School  
Environment

### INVEST IN YOUR TEAM

- High Quality Training
- Industry Relevant Content
- Commitment to Excellence
- Expert Support and Mentoring
- Excellent Safeguarding and Wellbeing
- Focus on Personal and Professional Development

**#INSPIRINGAMBITION**



## PROGRAMME SUMMARY

3

Apprenticeship level  
**Level 3 Advanced**



Typical duration  
**17 months**  
(15 months + 2 months EPA)



Training method  
**Blended Learning**



Assessment method  
**Portfolio**



Cost/funding value  
**£0/£7,000**



EPA organisation  
**NCFE**

## About the Programme

This programme combines the Level 3 Teaching Assistant Apprenticeship with the Level 3 Diploma in Delivering Physical Activity and Sport within the School Environment, equipping learners with the skills to plan and deliver engaging, safe, and inclusive PE and sport sessions.

While the focus is on promoting teamwork, resilience, leadership, physical fitness, and wellbeing, the pathway also includes embedded SEND training, giving learners the confidence to adapt activities and support pupils with a range of needs

## Who is this programme for?

This programme is ideal for learners who are passionate about education with a particular interest in physical education and sports and are looking to get into a career in teaching or are currently working as Teaching Assistants and would like to upskill and gain a qualification.

By the end of the programme, learners will be a key part of the school community, working alongside teachers to create an inclusive, inspiring environment where every child can thrive both in the classroom and on the field.

## Employer Benefits

**Boosted PE Delivery:** A sports TA helps deliver more effective, structured, and inclusive PE lessons—especially useful for large classes or limited teaching time.

**Wider Access to Sport:** With extra support, you can offer more lunchtime and after-school sports clubs, engaging a broader range of pupils.

**Targeted Interventions:** Sports TAs can work with specific pupils—those with low confidence, challenging behaviour, or SEND—to build social skills, teamwork, and resilience through physical activity.

**Improved Behaviour and Focus:** Physical activity is linked to better behaviour and concentration. Having a dedicated sports TA means more pupils get the chance to release energy constructively.

**Supports School Improvement Plans:** Increased physical activity can improve attendance, engagement, and overall pupil wellbeing—linking directly to Ofsted's focus on personal development.

Hiring an apprentice is a cost-effective way to grow your team. This apprenticeship is government-funded and can be funded using the apprenticeship levy.

Apprentices are trained on the job, allowing you to shape their skills to fit your school's specific needs. Apprenticeships open doors for people from different backgrounds, helping schools reflect their communities.

## A learner should choose this route if:

They are interested in promoting and supporting the academic and physical well-being of students and are committed to supporting classroom teachers.

They support in PE classes as well as classroom activities, promoting self-belief, social inclusion and high self-esteem which will play an integral part in pupils' wellbeing.

They will be able to deliver a series of safe, inclusive and progressive physical activity sessions, developing the knowledge and skills to maintain relationships with participants and other key stakeholders.



## Additional Qualification Included : Level 3 Diploma in Delivering Physical Activity and Sport Within the School Environment

With this qualification, learners will gain the knowledge, skills, and confidence to design and deliver safe and inclusive curricular and extracurricular physical education and sport programmes within a school environment, ensuring they have a broad array of skills to apply in this area.

This qualification ensures that learners have the knowledge, skills and confidence to design and deliver safe and inclusive curricular and extra-curricular physical education and sport programmes.

## Eligibility Criteria

- Learners must be a minimum of 17 years old at registration and 18 years old at certification
- Sports background desirable but not essential (e.g. GCSE PE, BTEC Sport, Community Activator Level 2)
- Being able to shadow colleagues at the start (e.g. lead warm-ups) then progressing onto full class delivery (assisted)
- Being able to complete a 1<sup>st</sup> Aid course during the course

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## Typical Job Roles

Teaching Assistant, Sports Assistant, Support Teacher, Sports Coach.

## Progression Routes

As well as ensuring full competency as a Teaching Assistant, this standard provides a foundation for potential progression into a number of career paths in the educational sector. These roles include the Higher-Level Teaching Assistant, Specialist Teaching Assistant, Assistant Teacher and Teacher.

Discover our [Teaching Assistant Development Programme!](#)

## Career Pathways



**Teaching Assistant Sports  
Pathway**  
Level 3



**Specialist Teaching  
Assistant**  
Level 5

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# Learner Benefits



**Hands-On Experience:** You're in the thick of it—helping run PE lessons, sports clubs and school sports events.



**Active Learning:** You're not stuck behind a desk. Your learning happens on the pitch, in the gym, and in the classroom.



**Coaching & PE Support Skills:** Learn how to structure sessions, deliver warm-ups, support skill development and adapt activities.



**Child Development Knowledge:** Understand how physical activity supports mental health, behaviour and learning.



**Recognised Qualification:** upon completion of this programme, you will receive a nationally recognised certification.



**Ongoing support:** access to a LMP Tutor providing 1-2-1 support throughout your apprenticeship.



**Progress to Further Qualifications:** You can use this apprenticeship as a route into teaching, youth work, fitness or specialist coaching roles.

## What will you learn

As a Sports Teaching Assistant apprentice, you will develop a wide range of skills including developing learning strategies for pupils, embedding effective behaviour management strategies through sports and physical activity.

In this comprehensive Level 3 programme you will gain knowledge that will be able to implement in your day-to-day role such as understanding the need to provide feedback, recognising the different stages of child development through school, understanding the need to accurately observe, record, and report on pupils' participation, conceptual understanding and progress.

You will support in PE classes as well as classroom activities, promoting self-belief, social inclusion and high self-esteem which will play an integral part to pupils' wellbeing.

You will also gain a Level 3 Diploma in Delivering Physical Activity and Sport Within the School Environment as part of this programme.



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# Off the job training

Off-the-job hours are a vital part of this apprenticeship. Training is directly relevant to the programme and can take many forms, including:

- Individual study time for reflection and growth
- Apprenticeship tutor sessions and webinars
- Group learning opportunities (like inset days)
- Shadowing experienced colleagues
- Mentoring from line managers
- 1:1 performance reviews and feedback
- Attending meetings and briefings
- Learning new policies
- Relevant YouTube/TV shows
- Professional development
- Online courses
- Enrichment activities
- Research and learning
- Collaborative planning/resource preparation

At LMP, the supportive tutors will work closely with you to create a personalised training plan that meets all requirements for this programme.



**Striving for a Distinction** - we provide distinction criteria for all apprentices and encourage everyone to strive for the best outcome.

## End point assessment

End-point assessment (EPA) is **an independent assessment that takes place at the end of the apprenticeship training**. This is to test that the apprentice is competent in their occupation. All apprentices must complete an EPA. There are a variety of assessment methods to test apprentices' competency.

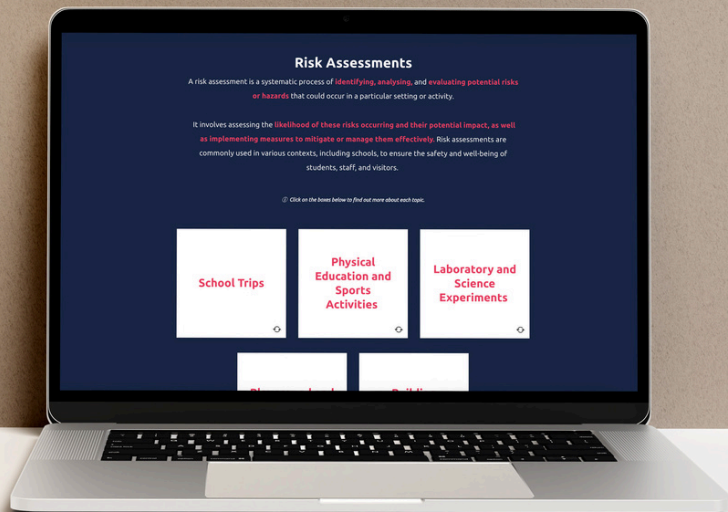
## Gateway

Gateway takes place before an EPA can start. LMP Education will work with the employer to **review their apprentice's knowledge, skills and behaviours**. This period of time is used to see if the apprentice has met the requirements of the apprenticeship set out in the apprenticeship standard, and they are ready to take the assessment.

## Functional Skills

LMP Education provides functional skills support to all our learners. While functional skills are no longer a requirement for learners who are 19+, LMP still offers functional skills training for those who choose to take the qualification.

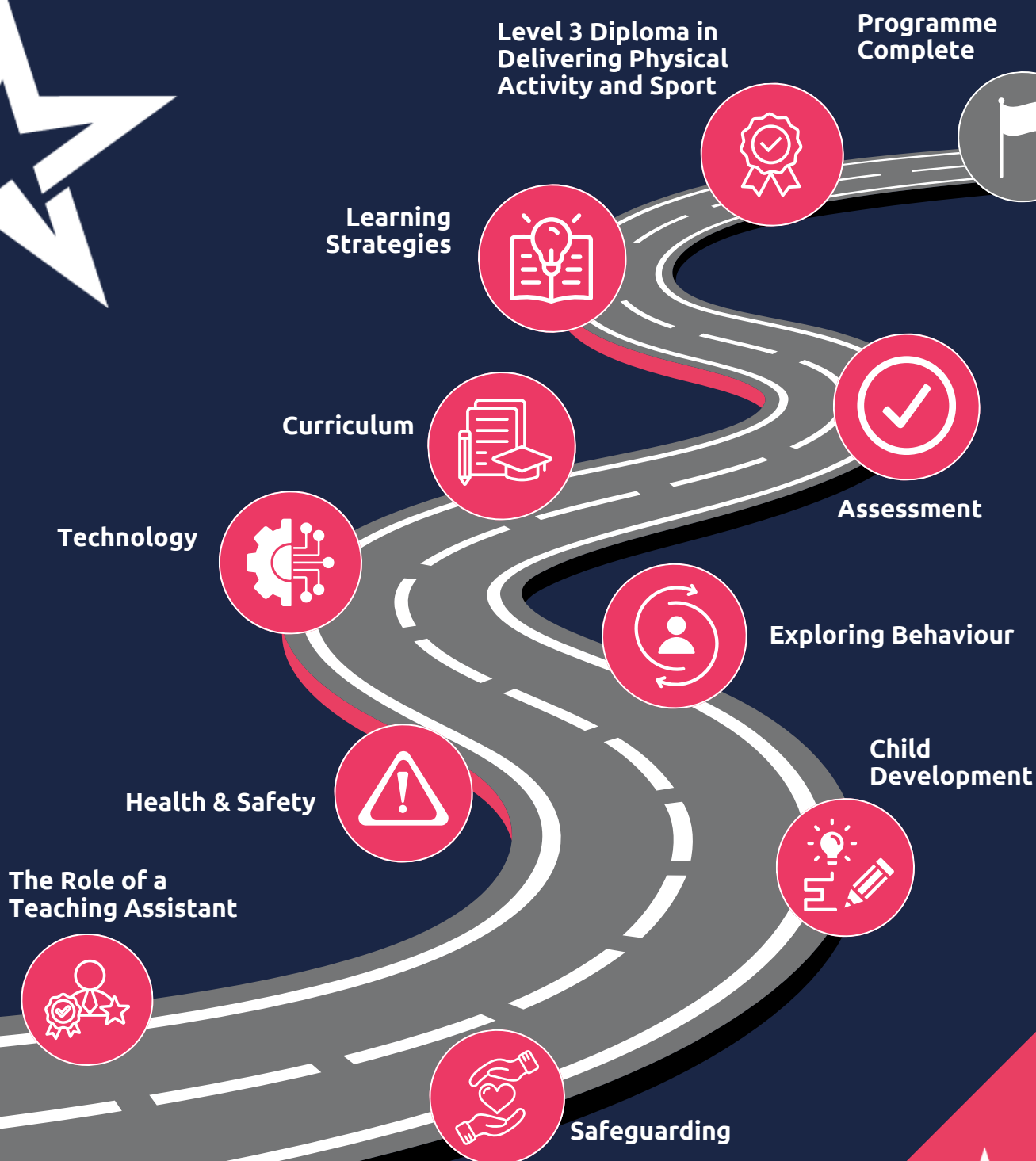
**[Learn more about functional skills at LMP →](#)**



# MILESTONES OF LEARNING

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# MODULES INCLUDE

## The Role of a Sports Teaching Assistant

**Content includes:** Classroom Support, Building Positive Relationships

**Sport Content:** Ways stakeholders can support community sport such as coaches, staff, parents

## Safeguarding

**Content includes:** Keeping Children Safe in Education and Prevent

**Sport Content:** How schools operate within their communities and ways to support community sport to support the learning of children and young people

## Health & Safety

**Content includes:** Policies and Procedures, Handling Incidents, Risk Assessments

**Sport Content:** How to respond to injury, illness and emergency situations in a sport and physical activity session

## Child Development

**Content includes:** Developmental Milestones, Theories of Child Development

**Sport Content:** How to apply child development models within a sport or physical activity

## Exploring Behaviour

**Content includes:** Understanding Behaviour Types, Mental Health and Wellbeing

**Sport Content:** Ways to support and sustain participation in sports and physical activities within a school environment





# MODULES INCLUDE

## Technology

**Content includes:** How Technology Can Support Learning, Benefits of Technology

**Sport Content:** Methods to monitor physical development

## Curriculum

**Content includes:** Curriculum, Enrichment Activities

**Sport Content:** Understand the planning process of physical activities within an educational environment

## Assessment

**Content includes:** Learning, Assessment & Feedback Cycle, Feedback & Target Setting

**Sport Content:** Deliver and evaluate a series of safe, inclusive and progressive physical activity sessions

## Learning Strategies

**Content includes:** The Importance of Differentiation, How to Deliver Intervention Sessions

**Sport Content:** Understand how to organise and lead a sporting event within an educational setting

## Additional Level 3 Qualification

**Level 3 Diploma in Delivering Physical Activity and Sport Within the School Environment**

# Why LMP Education

LMP Education is an award winning training provider. Our programmes are designed to support both learners and employers in training and upskilling talent across industries. We have a team of expert tutors to support learners at each step of the way on programme and beyond.



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## Our Learners Say

“I get to do something that I love, which is sports, while helping children find their love and passion for sports.”



**- Finn Winterbottom, Level 3 Sports Teaching Assistant Apprentice, Oasis Clarksfield.**

## Work with Us

We can support you and your organisation to use the power of apprenticeships. LMP Education is a registered market leading training provider for Teaching apprenticeships. Our team can support you with recruiting a new apprentice or upskilling existing staff members. Benefit from our free recruitment service and book a discovery call today to find out more about this programme.



**Employers - book a discovery call with an apprenticeship expert**  
[bit.ly/lmp-call](https://bit.ly/lmp-call)



**Candidates - enrol today online**  
check website for cohort start date  
[lmp-group.co.uk/courses/teaching-assistant-sports-pathway](https://lmp-group.co.uk/courses/teaching-assistant-sports-pathway)

